

Physiology Study Guide

Female Cycle

Name: _____

Block: _____

Complete the following outline of the female reproductive cycle.

DAY 1-5; _____ (name of stage)

1.

2.

3.

DAY 6-13

Events in the uterus

Name of stage _____

1.

Events in the ovaries

Name of stage _____

1.

2.

DAY 14 _____ (name of what occurs)

Events in the uterus

1.

Events in the ovaries

1.

2.

DAY 15-28

Events in the uterus

Name of stage _____

1.

2

3.

Events in the ovaries

Name of stage _____

1.

2.

If the egg is fertilized

1.

2.

3.

4.

5.

If the egg is not fertilized

1.

2.

Menstrual Disorders:

Amenorrhea – Complete absence of a menstrual period

Primary amenorrhea – No established menstrual cycle by the age of 16.

Secondary amenorrhea – The absence of a menstrual period after a normal period had begun.

Menorrhagia – Excessive, heavy bleeding during the menstrual cycle.

Menometrorrhagia – Heavy bleeding between regular periods.

Oligomenorrhea – Infrequent periods, at least 35 days apart.

Metrorrhagia – Normal bleeding but between periods.

Hypomenorrhea – Scanty, minimal, light periods.

Dysmenorrhea – Pain and/or discomfort during menstrual bleeding.

Pre menstrual syndrome (PMS) – Physical and psychological symptoms usually during the post ovulatory stage. Relieved by menstruation.