

Anatomy

Shoulder, Elbow, Wrist Quiz

Name: _____

Block: _____

Quiz # _____

1. List the three movements of the elbow joint.

1.

2.

3.

2. What is the primary flexor of the elbow joint?

The primary extensor?

3. List the three major movements of the shoulder joint.

1.

2.

3.

4. List the five movements allowed by the metacarpals in the hand.

1.

2.

3.

4.

5.

5. List the four muscles of the rotator cuff.

1.

2.

3.

4.

6. Although the shoulder joint is usually considered one joint, there are actually four articulations or joints in this area. Name them and give a brief description of each.

A)

B)

C)

D)

7. Name the five movements allowed by the wrist

3.

2.

4.

4.

5.

8. What is the function of a synovial membrane in any joint?

9. What is the function of a bursa in any joint?